

Fig. 1

102  
3

Variable	Mean	SD	Min	Max
Age	38.5	10.5	25	55
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	6000
Health status	0.5	0.5	0	1
Smoking status	0.3	0.5	0	1
Alcohol consumption	0.2	0.4	0	1
Exercise frequency	0.5	0.5	0	1
Stress level	0.5	0.5	0	1
Sleep quality	0.5	0.5	0	1
Work satisfaction	0.5	0.5	0	1
Life satisfaction	0.5	0.5	0	1
Depression score	10	15	0	30
Anxiety score	10	15	0	30
Quality of life score	50	10	30	70

Fig. 2

Version: PGP for Personal Privacy 5.0

$$=mBAJ$$

-----END PGP PUBLIC KEY BLOCK-----

Fig. 3



Bob sends an encrypted Message to Alice

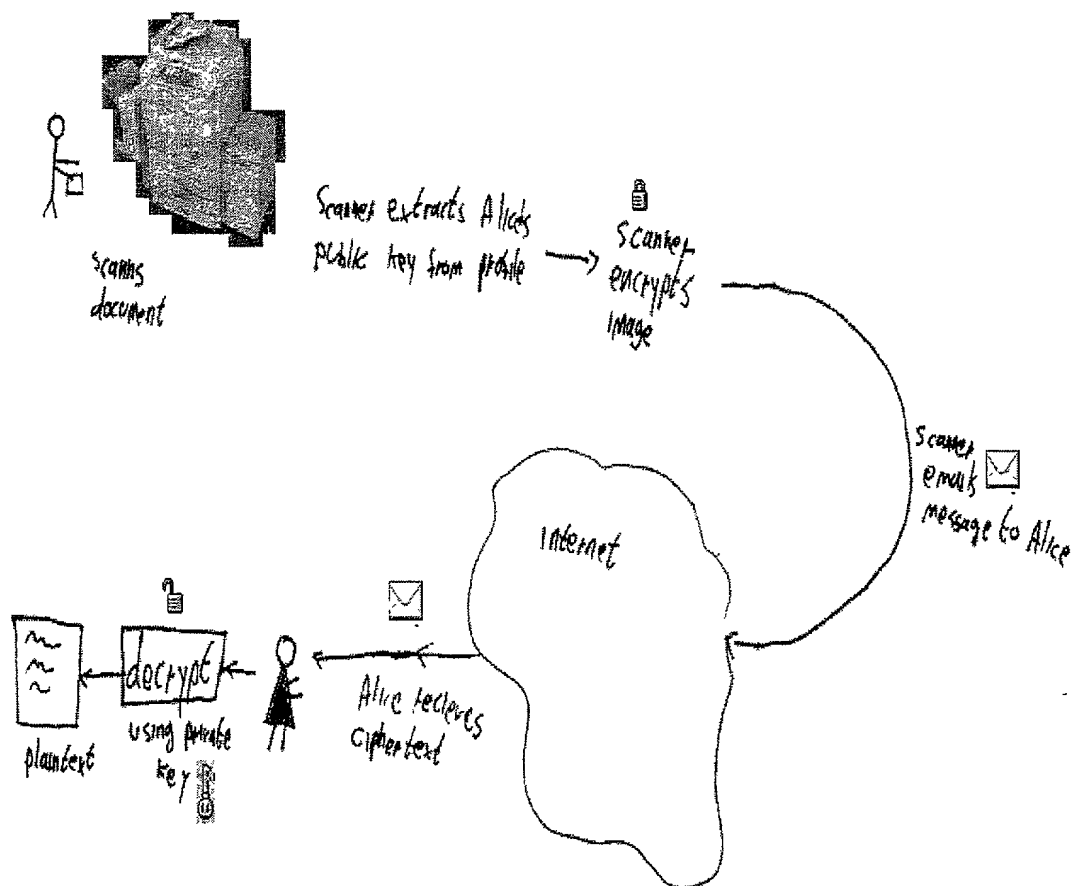


Fig. 4b

Fig. 5

